



Helping you  
**PLAN YOUR SHOP**

# My Shopping List

Please limit your store visits to only what is necessary.

Plan your shop so that you only come to the store **once per week**. This will reduce the amount of people who need to leave their bubble to visit stores, aiming to help stop the spread of COVID-19.

**We want to keep you and our staff safe, but we need your help. We're all in this together.**

**Fruit & Vegetables:**

**Butchery, Seafood & Deli:**

**Ready Meals & Meal Kits:**

**Drinks:**

**Pantry & Bulk Foods:**

**Dairy, Milk & Cheese:**

**Snacks & Treats:**

**Household:**

**Bread, Wraps & Rolls:**

**Frozen Foods:**

**Health & Beauty:**

**Pet Foods:**

